

Child having an asthma attack?

T
Think
?

Any of these signs:

- Coughing
- Wheezing
- Hard to breathe
- Tight chest
- Cannot walk
- Cannot talk

Do they need inhaler?
Remember: stay with the child at all times

Is this an emergency? **999**

I
Intervene
+

- Keep calm
- Reassure child
- Sit them up and slightly forward
- Ask someone to get inhaler and spacer
- Administer inhaler (see Medicine steps)
- Note time of using inhaler

Is this an emergency? **999**

M
Medicine



- Use blue inhaler
- Shake inhaler
- Place in spacer
- Spray one puff
- Take five breaths
- Repeat the above up to 10 times if needed
- If no improvement, it is safe to repeat the above 10 more times

Is this an emergency? **999**

E
Emergency
 999

- If no improvement, or if you are worried or unsure, call 999
- If ambulance takes longer than 15 mins, repeat Medicine steps
- Note time of calling 999

School's postcode

Has child taken their inhaler? 